10 minutes a day: a parent's guide

You don't need to speak the language perfectly

Your role is to sit next to your child, encourage and keep a short routine. The workbook shows the letter, its name and how to write it.

A 10-minute session

2 min: warm-up lines and curves. · 5 min: one new letter — say it, trace the dots, write it on its own. · 3 min: color the picture and say the word together.

Common mistakes to watch

Starting on the wrong side (Arabic and Persian go right to left). · Drawing around the letter instead of following the dotted guide along each stroke. · Forgetting the dots, which are part of the letter. · Gripping the pencil too tightly.

A flexible 4-week plan

Aim for about a quarter of the alphabet each week (around 7 letters), with a short review at the end of each week. Week 1 starts with the warm-ups; week 4 ends with the find-and-circle pages and the certificate. Go slower whenever your child needs it.

Parent-child activity

Ask a grandparent to say a word on the phone; your child finds and writes its first letter. Language becomes family time.

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